

\* Dads can do these too

## 100 Ways to Help Your Daughter's Troop

1. Ask the leader what you can do to help the troop
2. Go on field trips; research field trips; organize field trips; do a site visit before the troop attends
3. Learn more about Girl Scouts and share the information with your Girl Scout
4. Read her Girl Scout handbook
5. Learn the Girl Scout Law
6. Help her understand the Girl Scout Law
7. Invite the whole family to live by the Girl Scout Law
8. Be a cheerleader for her ideas
9. Contribute to SHARE
10. Make a donation to our council in your Girl Scout's name
11. Encourage your girl to attend troop meetings and outings
12. Listen to her stories about the troop's activities and goals
13. Help her keep her uniform ready to go
14. Never withhold Girl Scout activities as a means of punishment
15. Get to know the other troop families
16. Let the girls get to know you
17. Attend troop ceremonies
18. Take photos
19. Make a scrapbook of Girl Scout adventures
20. Explore Girl Scouting beyond the troop
21. Send her to day or resident camp
22. Encourage her to share her experience with the rest of the family
23. Volunteer as a family
24. Express pride in her achievements: leadership growth, relationships, skills
25. Stay involved as the troop ages; help her adjust to more advanced program
26. Plan a whole meeting or parts of a meeting
27. Help at troop meetings
28. Attend parent meetings
29. Provide a location for meetings, ceremonies, activities, sleepovers
30. Act as troop treasurer and financial adviser to the girls
31. Take Girl Scout training classes (leadership, outdoor, archery, ceremonies, etc.)
32. Plan crafts; shop for crafts
33. Invite girls to shadow you at work
34. Shop for materials or snacks
35. Use handbooks and research badge work
36. Review and lead Journey activities
37. Prepare snacks
38. Manage the troop's Cookie Program (Jan.-April)
39. Help her plan her cookie sale strategy
40. Distribute cookie incentives (June)
41. Manage the troop's nut sale (October-November)
42. Assist with the nut sale
43. Find color guard opportunities
44. Provide transportation for field trips
45. Teach songs and music activities
46. Lead art activities; explore galleries or museums
47. Develop camping skills; take camping training
48. Go camping with the troop
49. Research community service projects
50. Tell an interesting story

Girl Scout 911/411 - Talk to a trainer? Want a myth busted? Want Adult Learning team to come visit?  
Contact: Linda Sola, Adult Learning Manager [lsola@scouts.org](mailto:lsola@scouts.org) or call 619-610-0720.